




Motor Skills Development and Milestones



How children play, learn, talk, act, and move can tell you how they are growing.

The chart below shows skills and milestones for your child to reach in the first year of life. Every child is unique and develops differently. Talk to your healthcare provider if you are concerned about your child's development.

Age	Gross Motor Skills	Fine Motor Skills	Learning Milestones	Language Milestones	Social Milestones
2 Months	Holds head up when on tummy	Opens and shuts hands	Watches you move	Makes sounds other than crying	 Smiles at you
4 Months	Pushes up on elbows when on tummy	Holds an object	Opens mouth for breast or bottle	Makes cooing sounds	Chuckles
6 Months	 Rolls from tummy to back	Reaches to grab a toy	Puts things in mouth to explore them	Makes squealing noises	Laughs
9 Months	Sits well without support	 Bangs objects together	Looks for objects when dropped	Makes a lot of different sounds	Shows different facial expressions
1 Year	Pulls up to stand	Picks things up with fingertips	Puts something in a container	Calls parent "mama" or "dada"	Plays games with you (pat-a-cake)

For development and milestones after the first year, flip this page over.




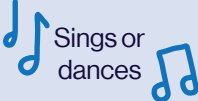
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Motor Skills Development and Milestones

How children play, learn, talk, act, and move can tell you how they are growing.

The chart below shows skills and milestones for your child to reach in their toddler and preschool years. Every child is unique and develops differently. Talk to your healthcare provider if you are concerned about your child's development.

Age	Gross Motor Skills	Fine Motor Skills	Learning Milestones	Language Milestones	Social Milestones
15 Months	Takes a few steps	Uses fingers to eat	Stacks at least two small objects	Tries to say one or two words	Claps when excited
18 Months	Walks without holding on to anything	 Scribbles	Plays with toys in a simple way	Follows one-step directions	Points to show you something
2 years	 Runs	Eats with a spoon	Plays with more than one toy at a time	Says at least two words together	Notices when others are upset or hurt
2½ Years	Jumps off the ground with both feet	Uses hands to twist things	Follows two-step instructions	Says about  50 words	Plays with or next to other children
3 Years	Puts some clothes on without help	Eats with a fork	Avoids touching hot objects when warned	Says first name when asked	Calms down within 10 minutes after you leave
4 Years	Catches large ball most of the time	Draws a person with three or more body parts	Names a few colors of items	Says sentences with four or more words	Likes to be a "helper"
5 Years	Hops on one foot	Buttons some buttons	Counts to 10	Keeps a conversation going	 Sings or dances

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